

# 2011 Summer Programs ~ Eagles Mere Conservancy

**Hike Information: All children 5 and under must be accompanied by an adult. \*\*Alternative programs will be planned if it rains. Please be on time! All programs begin at the Conservancy Cabin unless otherwise indicated.**

*We depart from the Outlet Pond at 9:30 AM (for those events where we will drive north on 42 to either 154 or 220, we will meet hikers from Laporte & World's End State Park at the junction of 154 & 220 at ~9:40). Unless otherwise noted, be prepared with water, lunch, sturdy shoes, & proper clothing (such as long pants due to briars & stinging nettles). Families encouraged to participate – children must be accompanied by an adult. On some hikes there may be rough terrain & bushwhacking where there is no blazed trail (so identified in hike description). Hike lengths & elevation change over 150' are estimated for each hike. Afternoon return time will depend on hike length and/or driving distances. Please see page 12 for a description of the trails. LT = Loyal Sock Trail RX = Red X trails*

**EAGLES MERE CONSERVANCY PROGRAMS ARE OPEN TO ALL MEMBERS & NON-MEMBERS**

## JUNE

- 6/25 **Saturday 7:30 AM Birding With Skip Conant:** Outlet Pond. Skip will lead our annual bird safari to different birding hot spots in the area. Meet at the pond to carpool. Skip Conant.
- 6/30 **Thursday Double Run - Pioneer Rd - LT & RX Circuit:** Drive ~8.5 mi to the Double Run trailhead parking area in World's End State Park. Hike up the Double Run trail to Pioneer Road and then hike Pioneer Road to junction with World's End Trail and take World's End Trail down into park and follow RX-6 trail back to the start. ~2.7 mi; elev change ~450'. Jack Leo

## JULY

- 7/2 **Saturday 10:00 AM - 11:15 AM Trails and Tales:** Cabin. Suggested ages 4-7 but flexible. Through stories, games, discovery walks, crafts and other activities children learn about the natural world. Irene.
- 7/5 **Tuesday S&NY RR Wheelerville to Ellenton:** Drive ~25 miles to Ellenton to leave cars for the return. Then continue another 5 miles to Wheelerville to begin this hike. Hike the S&NY RR grade to Ellenton. ~3 miles. Wilson Ferguson
- 7/5 **Tuesday 10:00 AM - 11:15 AM Sunprints:** Meet at the Cabin. Want to experiment with Sunprints, an alternative photographic process called cyanotypes? Then come to the Cabin. Your image will develop with the help of the sun into a blue and white print, similar to an architect's blueprint. This may need to be rescheduled if the day is not sunny. Betsy Beaugard and Irene
- 7/6 **Wednesday 10:30 AM - Noon Wildflowers and Other Plants:** Outlet Pond. Adults and Teens. We'll check out the flowering and non-flowering plants on a local trail and learn how some have been used historically as food, medicine and in other ways, as well as their role in folklore. Irene.
- 7/6 **Wednesday 2:00 PM - 5:30 PM Peace of the Susquehanna Guided Recreational Kayak River Trip:** Enjoy the companionship of other friendly paddlers as you watch for riverside wildlife, improve your paddling skills, and learn about local history! This trip is 7 river miles between Montgomery & Watsonstown with an island rest stop mid-way. Everything is included for just \$45 per person. (\$20 discount if you use your own gear.) Reservations are required. For more information, go to [www.PaddleHappy.com](http://www.PaddleHappy.com). Email [betsy@PaddleHappy.com](mailto:betsy@PaddleHappy.com) or phone Canoe Susquehanna, 570-524-7692 or 888-524-7692, to reserve your river adventure. Meet at the Outlet Pond at 1:00 PM to carpool down. Contact Betsy Beaugard for details.
- 7/7 **Thursday LT from Canyon Vista to Coal Mine Road:** Drive ~7 miles and leave car(s) at Coal Mine Rd junction with LT, then drive ~ 6 miles to Canyon Vista overlook to begin hike. Hike the LT back to its crossing of Coal Mine Road. ~6 mi; elev change ~475'. Jack Leo
- 7/8 **Friday 10:00 AM - 11:30 AM Incredible Insect and Bug Olympics:** Cabin. Intergenerational. Meet some local insects and learn how important insects are in our environment. Then.....let the games begin! Bug contestants will be collected on site at each event. Human participants work in teams to enter their bug athletes. Medals will be awarded. Raindate 7/15. Irene.
- 7/9 **Saturday 10:00 AM - 11:15 AM Trails and Tales:** Cabin. Suggested ages 4-7 but flexible. Through stories, games, discovery walks, crafts and other activities children learn about the natural world. Irene.
- 7/13 **Wednesday 10:00 AM - 12:30 PM Double Run Nature Trail:** Outlet Pond. Carpool to World's End State Park. This beautiful trail follows a stream with small waterfalls and deep ponds. Two miles with a few steep rough spots. Irene.

- 7/14 **Thursday Ellick Falls to Lake Mokoma:** Drive to Lake Mokoma parking lot (~6 miles) and leave car(s) for return. Drive ~4° miles to the starting point on the Nordmont-Laporte Road. Hike via old lumber roads past Ellick Falls, then along Ellick Run to State Game Lands and west along old roads and trails to Lake Mokoma and along lake shore to the Lake Mokoma parking lot. ~4° miles. Wilson Ferguson
- 7/15 **Friday 10:00 AM - 11:30 AM Pond Poke:** Cabin. Intergenerational. Using dipnets, we'll meet some of the fascinating critters that call the pond home. Microscopes will be available for close up views. Note: This is the Bug Olympics raindate. We'll keep you posted. Irene.
- 7/16 **Saturday 10:30 AM - Noon Smokey Bear Comes to Eagles Mere:** Cabin. All ages. After an informative and interactive program of fire prevention, there will be a visit from everyone's favorite bear. Don't forget your camera! Irene and Smokey.
- 7/16 **Saturday 7:00 PM - 10:00 PM Social Gathering on the Village Greene:** Conservancy Party on the Village Greene, come and dance to a live band on the Greene and show your support of your Conservancy while having a fun-filled evening with family and friends.
- 7/19 **Tuesday Wilderness Way to Haystacks:** Drive ~6 mi to begin hike on Mead Rd. Hike on old roads & trails to Haystacks. Return via LT, woods rd, & new trail past numerous bedrock waterfalls. ~2.4 mi; elev change ~440'. Plan on lunch; however we should be back to cars by about 1:30. Jack Leo
- 7/19 **Tuesday 7:00 PM Bald Eagle Program:** DeWire Center. Join Carbon County Environmental Education Center Naturalist, Franklin Klock and his friend "Renshaw" as they talk about how the very symbol of the United States, the Bald Eagle, was nearly wiped out, placed on the endangered species list, and what steps were taken to get these birds back on the path to recovery. Learn what YOU can do to help reverse some of the global problems these and other animals now face. (All while getting some serious face time with a live Bald Eagle!) Cameras without flash are welcome.
- 7/20 **Wednesday 10:30 AM - Noon Butterflies and the Plants they Rely On:** Outlet Pond. We'll check out the butterfly garden at the Cabin, then carpool to the Conservancy meadow in the park. Fred Crafts and Irene.
- 7/21 **Thursday LT to Rode & Lee Falls, Split Rock to High Knob Rd:** Drive ~7° mi to leave car(s) for return off High Knob Rd, then drive ~5 mi to begin hike on Coal Mine Rd. Hike LT to Upper & Lower Alpine Views and down to Rode and Lee Falls and on up thru Split Rock to the end at High Knob Rd. Steep & sometimes rocky terrain plus climbing 10' ladder at Rode Falls. ~4° mi; elev change ~770'. George Freeland
- 7/22 **Friday 10:00 AM - 11:30 AM Letterbox Hunt:** Cabin. Ages 7 and up. This program was piloted by Viv last August, introducing the fun and challenging world of letterboxing. Create your own stamp and passport book. Follow clues to find the hidden letter box with its stamp. The Conservancy's passport book stamped by everyone in the group will be put into the box. Let's see if the August letterbox hunt can find it! Irene.
- 7/23 **Saturday 10:00 AM - 11:15 AM Trails and Tales:** Cabin. Suggested ages 4-7 but flexible. Through stories, games, discovery walks, crafts and other activities children learn about the natural world. Irene.
- 7/25 **Monday Lock-In at the Cabin:** Come to the Cabin for a fun-filled evening with Caroline and the gang and get "locked in" to the Cabin for the night. See the EMAA schedule for times and details! Limited to 6<sup>th</sup> grade and above.
- 7/26 **Tuesday Rock Escarpment:** Drive to pull-off ~1 mile from the Loyalsock Canyon Vista overlook on Cold Run Rd (~7 miles - 15 minutes). Hike old lumber road to rock labyrinth on Canyon Vista Trail, then walk along lower edge of escarpment through interesting rock features to return to cars. (Wear sturdy hiking shoes for level but rocky terrain.) ~1 mi. Should be back at cars before noon. Jack Leo
- 7/27 **Wednesday 10:30 AM - Noon Damsels and Dragons:** Cabin. Intergenerational. As adults, damselflies and dragonflies are vibrant creatures of the air. However, they spend their immature phase as drab colored nymphs in the pond. With pond nets we'll catch some of the nymphs to observe them, as well as other critters that call the pond home. Irene.
- 7/28 **Thursday Sones Pond to Flat Rock:** Drive ~9 miles and leave cars at Flat Rock on Rte 154, then continue ~3° mi to Sones Pond. Follow the shore of Sones Pond to the LT, then follow the LT along the shore and on to the iron bridge. After crossing the bridge, hike the Red X Trail to Flat Rock. ~3.5 mi. Jack Leo
- 7/29 **Friday 10:00 AM - 11:30 AM Habitat Hunt:** Cabin. All ages. Try your luck at a true or false game show, then find letters from some critters who would like to come to Eagles Mere and live and see if you can find them a good home. Irene.
- 7/30 **Saturday 10:00 AM - 11:15 AM Trails and Tales:** Cabin. Suggested ages 4-7 but flexible. Through stories, games, discovery walks, crafts and other activities children learn about the natural world. Irene.

## AUGUST

- 8/1 **Monday 10:00 AM - 11:15 AM Trails and Tales:** Cabin. Suggested ages 4-7 but flexible. Through stories, games, discovery walks, crafts and other activities children learn about the natural world. Irene.
- 8/1 **Monday 1:30 PM Sunprints:** Meet at the beach picnic tables. Want to experiment with Sunprints, an alternative photographic process called cyanotypes? Then come to the beach. Your image will develop with the help of the sun into a blue and white print, similar to an architect's blueprint. This may need to be rescheduled if the day is not sunny.
- 8/2 **Tuesday 10:00 AM - 11:30 AM Botanical Illustration - Moss:** Cabin. Adults and Teens. Learn about the biology of moss and sketch and watercolor their beautiful forms. Bring a light-weight folding chair, a cup of coffee and enjoy the peace of an August morning. Viv.
- 8/2 **Tuesday 7:00 PM EMAA/Conservancy Event:** Trail Clean Up. Meet at the Cabin. Trail clean-up and fun at the Field of Dreams. Ages 10 and up. Meet Caroline and the gang at the Cabin for a trail clean-up ending at the Field of Dreams. There we will have a game or two and a treat!
- 8/3 **Wednesday 10:30 AM - 11:45 AM Spider Webs at the Beach:** Meet at the beach picnic tables. Intergenerational. Team up to make some outdoor spider webs modeled on real ones after learning about spiders' special skills. Then test your ability to detect "prey". Viv.
- 8/4 **Thursday 7:00 PM Bat Program:** DeWire Center. The "Bat Chat" program includes an overview of basic bat biology, a short slide tour of bats from around the world, and an introduction to bats of Pennsylvania. Discussed are the many hazards our local bats face, which lately include the threat of white-nose syndrome, and death and habitat loss due to wind turbines.
- 8/4 **Thursday Thorndale:** Drive ~12° miles to Glass Creek Pond and hike into old Tannery village of Thorndale from Glass Creek Pond along old road & return. ~5 miles round trip. Wilson Ferguson.
- 8/5 **Friday 10:00 AM - 11:30 AM Incredible Insects and Bug Olympics:** Cabin. All ages. Meet some local insects and learn how important insects are to our environment. Then...let the games begin! Bug contestants will be collected on site for each event. Human participants work in teams to enter their bug athlete. Medals will be awarded. Raindate is August 12. We'll keep you posted. Irene.
- 8/6 **Saturday 10:00 AM - 2:00 PM Lenape Village Comes to Eagles Mere:** Village Green. Intergenerational. Churchville Nature Center in Bucks County is bringing the seven stations of their Lenape village, an authentic reproduction of Lenape life pre-contact (before the Europeans settlers) to Eagles Mere. This is a hands-on participatory program. Try, among many other activities, making a fire with a fire bow, create your own sample of pottery using natural clay and cordage (ropemaking). Don't miss the opportunity to experience this unique program. Irene and the Churchville Nature Center Staff.
- 8/8 **Monday 10:00 AM - 11:15 AM Trails and Tales:** Cabin. Suggested ages 4-7 but flexible. Through stories, games, discovery walks, crafts and other activities children learn about the natural world. Irene.
- 8/9 **Tuesday 8:00 PM - 9:30 PM Waxing Gibbous Moon Walk:** Meet at the parking area on Mineral Springs Rd. in the Park. Intergenerational. We will walk through the meadow, around the old Forest Inn area, and to the beach. For those who wish to stay, you will hear a story about friends who confront a moonlit monster. Can you create a moon shadow monster? Will the moon light up the fish? Prepare for lunacy! Viv.
- 8/10\*\* **Wednesday 10:00 AM - 11:15 AM Tiny Tot Explorers:** Cabin. For pre-school aged children. Stories, songs, crafts and walks will lead to adventure and discovery of the natural world around the cabin. Children must be accompanied by an adult. Viv.
- 8/11 **Thursday Eagles Mere RR from Outlet Pond to Sonestown:** (Hike on the private land of the Dwight Lewis Lumber Co, which is used by members of the Eagles Mere Recreation Club). 7° miles. Dave Gilliss & Wilson Ferguson.
- 8/12 **Friday 10:00 AM - 11:30 AM Pond Poke:** Cabin. Intergenerational. Using dipnets, we'll explore the edges of the pond and meet some of the fascinating critters that call the pond home. Microscopes will be available for close up views. Note: This is the Bug Olympics raindate. We'll keep you posted. Irene.
- 8/13 **Saturday 10:00 AM - Noon Gnome Homes:** Cabin. Intergenerational. Build a home or village for a gnome out of dried woodland materials. Construction sites will be carefully selected and environmental impact considered. Our structures will be there for all to see who travel on the old railroad bed by the log cabin. Viv.
- 8/14 **Sunday 4:00 PM Annual Meeting and Social Gathering:** Cabin.
- 8/15 **Monday 10:00 AM - 11:30 AM Smokey Bear Comes to Eagles Mere:** Cabin. All ages. After an informative and interactive program of fire prevention, there will be a visit from everyone's favorite bear. Don't forget your camera! Irene and Smokey.
- 8/16 **Tuesday Lincoln & Buttermilk Falls:** Drive to Lincoln Falls (~14 miles ~25 min). Walk from Kieffer's to lower falls, then walk upstream to main falls and mill remains and return. Then drive ~8 miles on to Buttermilk Falls Campground and walk to falls from parking lot of campground. ~1 mile total. Plan on lunch due to driving times. Wilson Ferguson.

- 8/16 **Tuesday 10:00 AM - 11:30 AM Botanical Illustration:** Meadow Wildflowers. Meet in the Park on Mineral Springs Ave. by the meadow. For Adults and Teens. Learn about function and form of meadow wildflowers by taking a close-up look as we capture intricate designs through sketching and watercolor. Bring a light-weight folding chair, a cup of coffee and enjoy the peace of an August morning. Viv.
- 8/16 **Tuesday 1:30 PM Sunprints:** Meet at the beach picnic tables. Want to experiment with Sunprints, an alternative photographic process called cyanotypes? Then come to the beach. Your image will develop with the help of the sun into a blue and white print, similar to an architect's blueprint. This may need to be rescheduled if the day is not sunny.
- 8/16 **Tuesday 8:00 PM Astronomy Night with Ray Williams:** Meet at the Outlet Pond parking lot at 8 pm sharp to carpool to our star-gazing site. In case of rain, we'll try again, August 17th. Bring binoculars, warm clothes, and a blanket or beach chair.
- 8/17 **Wednesday 10:30 AM - 11:45 AM Chalk and Water Art at the Beach:** Meet at the beach picnic tables. Ages 5yrs. and up. Follow the trail of a water molecule and create designs that illustrate the journey. Watch part of your painting disappear. Viv.
- 8/18 **Thursday Historic Eagles Mere Path Medley:** Hike the EMRR grade to Rainbow path crossing and take Rainbow path up to the Red Arrow. Then follow the Red Arrow to the junction with the Loyalsock Canyon Vista Trail. Follow the LCV trail to an abandoned XC trail in the Loyalsock State Forest and take that trail across to the Yellow Arrow Trail. Turn left on the Yellow Arrow back up to the Table Rock Loop around and back to the Yellow Arrow and on into Eagles Mere Park. Walk to the EMRR grade and follow it to the Red Arrow Path and take the lower Red Arrow past the spring and back up to the Green Arrow Path, then follow the Green Arrow up to the Crestmont, around Crestmont Hill to the Crestmont Path and on down to the Estey Trail and return to the Outlet Pond. ~5 miles Jack Leo
- 8/19 **Friday 10:00 AM - 11:30 AM Creature Features ~ The Weird and the Wonderful:** Cabin. All ages. We'll explore some of the amazing adaptations plants and animals have evolved in order to survive. Among other activities, join us in the every popular "tree grok". Irene.
- 8/20\*\* **Saturday 10:00 AM - 11:30 AM Shake, Rattle, and Chirp:** Cabin. Ages 5yrs. and up. We'll walk to "story stone" where we follow the lead of a very quiet cricket and make our own natural rattles and try to imitate insect sounds. Learn some special ways that insects communicate. Viv.
- 8/22 **Monday 10:00 AM - 11:15 AM Trails and Tales:** Cabin. Suggested ages 4-7 but flexible. Through stories, games, discovery walks, crafts and other activities children learn about the natural world. Irene.
- 8/23 **Tuesday 10:00 AM - 11:30 AM Botanical Illustration:** Cabin. Leaf Patterns for Adults and Teens. Learn some techniques for quick tree identification. Create designs based on the patterns of trees and leaves using a variety of media. Bring a light-weight folding chair, a cup of coffee and enjoy the peace of an August morning. Viv.
- 8/24 **Wednesday 10:00 AM - 11:30 AM Letterbox Hunt:** Cabin. Ages 7yrs. and up. Create a print to stamp in your passport book and follow the trail of clues to find the hidden letterbox. Viv.
- 8/25 **Thursday Fall's Creek:** Travel time to the start of this 2 mile circuit hike is ~45-60 minutes. This hike is short in distance; however, bushwhacking up the glen, with 12-13 waterfalls, is difficult terrain. We will have to work our way around the falls. The descent on an old woods road will be easy. Wilson Ferguson
- 8/26 **Friday 10:00 AM - 11:30 AM Snakes Alive:** Cabin. Intergenerational. After a slideshow and talk on reptiles and amphibians, Skip will introduce you to his special guest "Corny" a beautiful corn snake. Bring your camera. Skip Conant.
- 8/27\*\* **Saturday 10:00 AM - 11:30 AM Turtle Races (paper plate species):** Cabin. Ages 5 yrs. and up. We will look at the geometric shapes found in nature and particularly reptiles. We will then create turtles with shells of wondrous designs and proceed to race them. Viv.
- 8/29 **Monday 10:00 AM - 11:15 AM Trails and Tales:** Cabin. Suggested ages 4-7 but flexible. Through stories, games, discovery walks, crafts and other activities children learn about the natural world. Irene.
- 8/30 **Tuesday Wilderness Way to Haystacks:** Drive ~6 mi to begin hike on Mead Rd. Hike on old roads & trails to Haystacks. Return via LT, woods rd, & new trail past numerous bedrock waterfalls. ~2.4 mi; elev change ~440'. Plan on lunch; however we should be back to cars by about 1:30. Jack Leo

## **SEPTEMBER**

- 9/1 **Thursday LT thru Split Rock to Ketchum Run:** Drive ~5 mi and leave car(s) at Fern Rock Nature Trail trail head, then continue ~3 mi to High Knob Parking. Hike on LT thru "Split Rock" and on to Ketchum Run, then bushwhack up Ketchum Run to see waterfalls & take Ketchum Run and Fern Rock Nature trails to finish. ~4f mi; elevation change ~500'. Jack Leo
- 9/2 **Friday 10:00 AM - 11:30 AM A Summer Farewell:** Cabin. Intergenerational. Can it really be that time already? Join us in some fun activities as we bid farewell to another Eagles Mere summer. Irene.